# Ultrasound – Renal (Kidney) and/or Bladder

To Schedule: (319) 861-7778

Questions about your procedure: (319) 398-6050



### What is an Ultrasound?

An ultrasound scan is a medical test that uses high frequency sound waves to produce images of structures within your body. The images can provide valuable information for diagnosing and treating a variety of diseases and conditions.

### **Preparation:**

Adult: Drink 3, 8-ounce glasses of water 1 hour before the exam. Do not use the restroom as you will need a full bladder for this exam. You may eat and take all your medications.

<u>Child (ages 4-10)</u>: Drink 2, 8-ounce glasses of fluid 1 hour prior to exam. Do not use the restroom as a full bladder is needed for this exam. Children can eat and take all their medications.

<u>Infant (age 3 & under)</u>: Drink fluids, no additional prep.

#### **Procedure:**

You will be asked to lie on a bed or stretcher. Prior to beginning the examination, a technologist will ask you to move or remove clothing in the area to be imaged. For your privacy, only the area to be imaged will be uncovered. A warm gel will be placed on your skin. The technologist will use a hand-held instrument (called a transducer) against your skin to acquire images. The ultrasound exam will take between 30 and 60 minutes, depending on the type of exam ordered.

# PLEASE BRING THE FOLLOWING TO YOUR APPOINTMENT: A PHOTO ID TO VERIFY YOUR IDENTITY

### **Parking:**

## **Mercy Hospital:**

Park in the Mercy Medical Center 10<sup>th</sup> Street Parking Ramp, located at the corner of 10<sup>th</sup> Street and 8<sup>th</sup> Avenue SE. Proceed to **Ground (G)** level and follow the signs to "Radiology (X-Ray)," also located on **Ground (G)** level.

# **Mercy Imaging Center - Hiawatha:**

Located at 1195 Boysen Rd. in Hiawatha. This location is particularly convenient for patients coming from the north side of Cedar Rapids, Marion, or Hiawatha. Park directly outside the "Imaging" door along N. 12<sup>th</sup> Ave.

## **Results:**

A radiologist will review the images shortly after the exam is completed. A written report will be sent to the provider who ordered your exam. Your provider will discuss the results with you. Results will typically be available for your provider within two business days of the exam. Results will also be sent to your MyChart account.